

An Oasis of Love

My discourse is termed An Oasis of Love in preparation for the great change that is upon you at this time. What a time it is, truly! What a time it is.

Many of you are feeling these changes in your multi-body system in your human lives at this time. In continuation to where we left off, in speaking of the relationship, of what you have gained in the last decade in terms of understanding yourself and understanding life and understanding how your mind and the feeling nature works, and how all of these are coming together in a much more cohesive manner in which you now have some control of your mind, you have a feeling body that is responding to you and there is at this time a relationship of an infusion of cosmic light that is coming forward into your physicality which is going to change how your physical bodies dynamically interface beyond the time space continuum, allowing real time change, allowing real time change of experience and effects within the physical body that do not require months or years or even weeks to heal. And this is truly exciting.

And so we carry on in speaking of that which is an oasis of love and these words are chosen very carefully for they speak of an immensity of life that is opening up and while all of this is happening individually and as each of you individually and as a group of students throughout your world who are seeking to understand life and to be constructive in life and to come into alignment with what is happening on your planet and the future, as all of this is taking place, there are in your atmosphere, in your cities, in your country, there are those opposing forces that are working 24 hours a day and they are simply the human energies that have coagulated, have come together, have generated an energy of themselves, taken on a human presence of itself, and these forces, these human energies that are byproducts of ancient belief systems, are forces that are working against themselves at this time and these forces are not coming together very well.

There are forces of negativity. There are forces of human positive nature and they are working in the energy about you. They are in your homes. They are in your atmosphere. They are in your cities, your towns, and your atmosphere is charged with this moving back, very hard, friction of human energies. What we have attempted to do last year was that you would rise in love with the greatest love of all, so that you would know, beyond a metaphor, beyond a belief, beyond a gathering of words, that you would know that truly there is presence within you. There is a power within you. And it is very definitive and infinitive in its expression. And that you would through the discourses and through the sharing and the enlightenment that you are gaining, you would harness for yourselves those spaces in your life where you would come into communication and tangible expressions of this living source, so that you would understand scientifically, philosophically, and that which is of a potential, that the words, 'the kingdom of god is within you' are simply more than words; they are reality. And they are reality which can be visited, can be seen, can be felt as a tangible presence that can be brought forward by you.

So we have a number of things happening; a number of things we wish to address that are very important and the relationship between your mind, feelings and your physicality, to keep you informed of what is going on in the energies, the human energies of your planet and how they can affect you discordantly. And thirdly, what you can do in yourself and what you must do with yourself at this time to stay in your heart, to stay in your power, to stay in the love vibration. For that which is surrounding you in your world seeks to tear you from your centre, to tear you from everything that is coming sane in your life. For truly you are at a time when you can see that there is a direction, there is a moving forward, but beloved precious children of the light, know that there is a darkness that yet seeks to tear you from all that you are seeking to gain for yourself in your life.

You are wonderfully taking control of your energy systems. And as you do this, you are procuring a simultaneous healing. And we would like to speak to you for a few words, for a few moments, never just a few words...

I wish to speak to you a few moments about this energy that is about you and about how you as a being are extending your energy. You are energy. As you find yourself to be more comfortable in your body, as you recognize your body as a temple, and as you recognize that this body can interface change and adjust itself cellularly as an experience within seconds, it is your tangible future and it is weeks and months away.

And it can only do that by ownership. It can only do that by resolution. It can only do that by solution. It can only do that by a complete willingness to understand what is going on within yourself, in your feelings, in your perceptions, in your beliefs. Now in this, you do not need to psychoanalyze, but rather you can just simply feel what is going on in you at any moment, whether it is an overwhelming peace, an overwhelming love, an overwhelming joy.

There is a sense of confusing energies that we are concerned about and we are watching these confusing energies attempt to enter into your fields at this time. Clarity is so important, for it is about the energy that you hold. So before we go into any of these things, where is the solution?

For know you not, I in the midst of thee is come that you might have life and that you might have it abundantly. I in the midst of thee am your solution. I in the midst of thee am your joy, am your direction. I in the midst of thee am your protection. I in the midst of thee am your life, am your supply, your monies, your relationship, your understanding and all that you seek for life. I in the midst of thee are your resources. I in the midst of thee am that which is termed the way you will bring forth that new project, that new idea, that new career.

If you look outside of I, you shall look amiss. For you shall look into a world of darkness. You shall look into a world that is seeking to find sanity, but unfortunately there is yet those forces! Who is this I? It is certainly not I, Asun! Although there is that great I in me as well.

But no, I am speaking of the 'I' that stands within you and attempting with all my might to be so generous with the words, for god, mother father knows, that words have been so prejudiced, whether you are Buddhist, whether you are of the Hindu faith, whether you

are of the Allah, the Islam, the Christian. What words shall we use that do not have the prejudice? The Christ. So I shall seek to simply say that, that magic presence that is within you and inner power, it is your life. It is the I. It is the mystical I. And it is within you. It is your life stream. It is your breath. It is the spark of love. It is the smile. It is what creates joy in you. It is the tender moments. It is everything delicious about life. It is everything that says Yes! to life. And it is a flame. And it is real. And it's alive. And finally, it's got your attention! And now that it's got your attention, we must turn back to it more often.

And there is a way that you can accelerate. It's about accessing. How do I access this inner power? How do I access that voice so that I can hear that voice, not only as a consortium of words, but an energy, a feeling that comes behind those words, that speaks of volumes of universal love, of universal life, that will allow my whole beingness to relax? And then at that moment of relaxing, may the physical body go, Oh. I've been waiting for this so long! I've been waiting for this relaxation.

But how shall you find that sweet spot until you've accessed, created the tunnel, a way in, the passage to that inner I? Well, there is a way. And that way is a way of remembrance. And it involves some practice and it involves talking to yourself as if you the outer self were the great I that was speaking to you. So if I in my outer self am having that human moment and falling, falling, falling, into the pit, here, anxiety, confusion, Oh my! I am there! What to do? Well, let us remember, let us remind myself in this hour, for I feel myself breaching. I feel myself falling into the abyss, there'll be a tear. Let me remind myself:

I, oh yes, I in the midst of me. It is my power. It is the flame within me. It is that which Yeshua spoke of. It is that which glorious St. Germain came into the full expression of. It is my immense future, my potential. I in the midst of me is my breath, closer to me than hands and feet, closer to me than breathing. It is the source of my life. It is that which leadeth me to green pastures. It is that which alloweth me to be in this world, yet never again of it. It is that which allow me to soar with the eagles. It is that which lift me from the darkness of this world. It is that which brings dawn to my mind. It is that which brings clarity to my being. It is that which will direct me. It is that which will go before me, ten miles, fifty miles ahead of me. It is that which will bring meaningful coincidence to my life. It is that which will connect all the pieces together for me. Oh yes, this I in the midst of me, it is impeccable. It is omniscient. It is omnipotent. It is power beyond anything I could grasp at this time.

Ahh! I have remembered! I have remembered! Now let me rest into what I have remembered. Let me just fall into this place that I have remembered. Let me just descend into it, while I am on this great ascension. Let me descend into what I have remembered. Now let me just be quiet, quiet, quiet place. Let me breathe, feel...

You are never abandoned. And if you will create that space, then surely as I have this great opportunity to stand before you this day, shall I know that your god shall speak to you. That if you have those human moments, that you remind yourself of what is true. And whether it be a minute of remembering, or whether it be five, ten minutes, because once you start going and you start remembering what you know, what the I is, it'll just come forward beloved ones, and you will think it's you. But no, it is the inner I. You have

started to remember truth. And you are doing this intellectual thing and you're remembering truth and all of a sudden there is a crescendo, there is a building up of this flame and I, and I is moving up into the mind, and all of a sudden there is this great outpouring of what I in the midst of you is! And what have you done? You have used your mind to remember. And your heart is saying: Yes! You are on a roll! Keep it up. You are on a roll. And all of a sudden, I is there. And it's speaking to you and it's reminding you of I am the constant, consummate solution in everything you will do.

But your world yet is such a sticky, gluey place, that it just pulls you back. It is thick. It is dense and it wants to pull you like a leech and pull you back. This is why you must remember constantly: }I am solution. If you look unto me, I am the I am presence of your being. I stand above you as a great guardian angel. And I stand within you as a glorious presence that religion has dared to name me. But shall you go on? Shall you go beyond that word I? Shall you go beyond and dare to name the I that I Am within you? For if you dare to name it, shall you lose your true ability to dance, to cry, to laugh, to blossom, shall you come back into categories, shall you come back into concepts. But if you shall lean on me, I am the constant solution. I am the constant solution. Do you see it? Do you feel it?

And if you will do this, beloved ones, what will come up is a crescendo of god, your god will speak to you, and with that a peace. You will have taken the holy grail. You will have opened it. And you will have drunk of the sweetest elixir of life, the inner manna of your beingness. You will savor in that place. You will just stay in that place. And you will drink of that energy for five, seven minutes, whatever it is. And then you will have a feeling: }Get up! Get up! Go to work! Go and do the things god has given you this day to do. You have known right. And you have allowed me to arise within you~, says the great god I Am. }And because you have remembered correctly, I in the midst, go before you. I know what is in your agenda today. I know what you need. I know what you're going to need at the end of the week. I know about those people. I know about that contract that you need to get signed. I know about all those arrangements that you need. I will take care of them. Why? Because you have come unto me first. And you have remembered correctly and you have created a place. You have stated a willingness to abandon that which has been in your world, to allow that which can be to come forward. And I in the midst of thee, this great I, this inner presence that is within you can now come forward as the most wonderful manifestation in your life.

Is that not truly the way to go about it? Now, of course the thing is, to not wait until a human moment comes along to have to do this! But to rather be willing to create for yourself some constancy, to be willing to start your day with god, whether it is right when you get out of bed, or after the morning breakfast and shower, that you will start your day this way, that you will formulate constructive habits.

And all of you have your own ways of doing this. You can throw in some decrees and some meditation and you can throw in an opening to that place. You see, the world can come to you as a great presenter of teachers. The world can come to you as organizations. It can come to you as religions. It can come to you as new organizations, but regardless of the way or shape the world comes to you, the world cannot enter into you and know what is there. Only you, the holy spirit, or an ascended master of light can do that. And oftentimes, by what has come to you in the metaphysical circle, you have given yourself

a self-assessment of how evolved you are. And generally the assessment has gone against you as a prejudice, generally speaking, because the veils are there and you are not able to get into the deeper layers, you generally will prejudice against yourself as to how evolved you truly are. But you are there.

And I remind you almost every week, that Jesus spoke of you. And you are the ones: you are the meek that shall inherit the earth. And meek meaning, one more time, those who are filled with a gentility of spirit, a purity of spirit, those who are filled with grace, those who will carry a light, a torch, an energy within them that has a silence behind it, that when forced into it, can crack! a mountain itself when that energy is called into action, such is the majesty of the inner force, the inner power that is awakening within you now. And that is what we want you to do this year. We want you to get in touch with your inner power.

We want you to get in touch with many life times. You've taken the walk to Christ consciousness and you've come back into the world and you've experienced the veils, you've experienced what humankind is going through. Now it is time to remember that you have been the high priest, the high priestess. You've been in the temples. You've been in the mystery schools. You are the indigo. You are the diamond heart. You have graduated. And now it is time to remember, to remember the god of your being. And to let your great god come forward and to stay humble by remembering always that you need not ever be afraid. When you have split power, when you've given power away and that power that you've given to the world is fractured by the human qualities that are less than, then that is a power that you would not even want to look at. You would not even want to gaze, for that thing has such a horrifying momentum to it, you would not even want to look at that thing. But when you acknowledge I in the midst of you is the great power and you acknowledge your responsibility to release it into your worlds, by loving it, by calling it, by invoking it, by inviting it, and never to be afraid of that power because it's not yours.

It's God's power. You are just to direct it, to invite it and to let it's great presence, because it is omniscient in nature, it is self-directing. It already knows what to do. You are closer to your god than your human life is allowing you to appreciate, because the world is yet impinging and penetrating back upon you.

And why is it doing that? Because the energy that you express, the energy that you amplify is not yet great enough. And you can change this. You can change this in days. You can change this in weeks as you daily create that space to remember that there is this greater I that is within you; it is your breath, your light, your flame.

And invoke it as solution. And do this invocation. Do this remembering. And then, there's all the wonderful other things that we have shared for four to five years and will continue to share. There is the ability to reach up and call upon those human beings who have already walked the path that you have walked, the ascended masters that have returned to humankind. And beautiful whole beings of light that are returning from other star systems, you can reach up and you can call upon them to charge your multi-body system with their energies, allowing a constant expansion of your own energies.

Our beloved Craig was at the I Am Temple in Vancouver. He was listening to the discourse given by the Goddess of Purity. He was hearing that all of the students should call upon all these great beings of light for a constant charge of that which is termed 'cosmic light substance'. And that if students asked for this, then these beings of light would pour into the students on earth, a continuous down pouring of a cosmic light substance that would so amplify their energy fields, and this was what Jesus learned to do for many years.

And so Craig moved into channel where he communicated with us: 'Why haven't you talked about this, or did you?' And I said: 'Oh my dear one, we've been doing this for four or five years! And will continue to do this.' (Much laughter)

And those of you who have been with us from the beginning, know this is true. It is just that it comes in, in different ways, in different forms. There are beautiful beings of light that are here to assist you. And yes, those words, cosmic light substance, are very powerful words. But there is another thing that you can call in. And it is my favorite. It is a little softer. It is wonderful. You can call in the 'inner essence', the inner essence of an ascended master's mind, of an ascended master's feeling, of an ascended master's substance, of an ascended master's accomplishments, of an ascended master's ascension.

For when you call the inner essence of any great being to come to you, what you are calling forth is the core electronic diamond heart, for within any ascended being of light that has become the unlimited god, goddess, the electron that you have heard of, that we will be speaking greatly of this year, and the diamond heart is fused into one great core of beingness that expresses from the golden sun's presence of any master of light. So when you call forth the inner essence of any great being of life with consistency, then what they will begin to do is pour to you from the core of their golden sun's presence an actual liquid essence that is true perfection. It is the mother father. It is pure. It is the purest purity. It is the purest essence of life itself.

And if you call it in to yourselves regularly, it shall allow your multi-body system to strengthen and expand the cosmic energies out from you and as these cosmic energies expand out from you, then this great expanded field of electronic energy, which will not take on the world's energy, becomes a barrier to these jarring energies that are out there, these polar activities, the jarring effects of humanly created negative and positive poles that is breaking down in your atmosphere at this time. That energy which is destructive to you will not get into your systems if you call this.

And it is truly a wonderful blessing to your life. And as always, the proof of these things come if you are willing to try it, if you are willing to work every day. And it does not take hours. That's the magic. You can stop what you are doing for two minutes and call upon your favourite troops up there, whoever you align to, whether it's Jesus or Mary or Nada or Hercules, or any of the great beings of light whom you resonate to, call them to begin to pour the inner essence of their ascended master beings into your mind, body, feeling nature and expand it out as a great expanded energy of ascended master's light and love.

Now if you made that call three times a day, when you made the call, you put everything down and gave it your complete concentration, again, you are calling in the inner essence of the cosmic beings of light, whether they be the seven mighty Elohim, whether they be

the great archangels, the seven Cohens, the seven great goddesses of light, whether it be the grand master Melchizadek, Sanat Kumara or the great Kumaras that journey with him, whether it be your own great ascended masters who have served humankind for millennia of years, it matters not. Whether the heart of Jesus, the heart of Mary, Nada, Leto, Neta, matters not who you call upon. And you can call upon them all or you can call upon one specifically to work with.

But call upon a constant pouring of their inner essence of their ascended master presence to pour forth into your mental, physical and feeling body and then visualize yourself as a cup. Visualize a great pouring, like someone up there was holding a cosmic crystal vase and pouring down an elixir of golden liquid light. Just see it pouring down into the crown of your head, because imagery opens you.

Imagery is powerful, it opens you, so use some imagery. Imagine that your troops up there have the crystal vase and they're pouring it and it's just pouring in, this inner essence.

And I am a golden sun's presence of its ever expanding love, its ever expanding light, expanding through my mind, my bodies, my cells, my feelings, my thoughts and expanding out into the energy around me in all directions in a perfect circle, expanding out fifty feet, a hundred feet, a thousand feet. And I am grateful, with every breath of my life, I am grateful. That I too may serve the light, like you great ones.

Now if you did that three times a day, one to two minutes and gave it total concentration, as certain as the etheric records carry the memory of these words spoken here, shall I know that you shall have the proof that these things will work. And what shall it do for you? It'll help you take a demonstrative charge of your energy and keep out the world's penetrating lower energies from ever bothering you and infiltrating into your personal systems again, that you may have the victory of life. Do you see it, beloved ones? Are you willing? Absolutely.

Let's do it right now. Why wait? I'll lead the way. Why is he smiling? Because he knows.

Find a quiet place and Repeat into your heart

<i>I love and adore the great god of my being and I know as sure as I am sitting here that that great presence of life is within me, my breath, my light, the fire of my being, the flame of my torch. And this great I, this great presence, I give to it all power as the only solution active in my life.

And I say yes to you. I in the midst of me, I say yes to you. Come forth. And make of me a golden sun's presence of your light, your love, your life, sent forth into my world of form. And as I lift my chin an inch, with my eyes closed and I look up, acknowledging my own great I am presence and the great masters of light. Oh mighty Elohim, great presence of life, Master Jesus, Master St. Germain, great Goddesses of light, great Ascended Masters of Light and great Angelic Host, pour forth into me now, the inner essence of your being, the inner essence of your Ascended Masters' mind, your Ascended Masters' heart, and your Ascended Masters' feeling.

Pour it forth down through me now and charge my mind, body and feelings and all the energy that I radiate with the inner essence of your light, your love and your presence. Great God I Am of my being, make of me a golden sun's presence of the inner essence of the Ascended Masters.

Pouring forth out from me now in every direction, extending out five feet, twenty-five feet, fifty feet, one hundred feet, five hundred feet. I am an open door. I am a transparency. I am the Ascended Master' inner essence pouring forth out from the centre of my being, through me and out from me, each moment of each day, as a blessing to my life and to all life on earth.

And I am grateful. I am grateful. I am grateful.

Create some imagery. Feel the inner essence pouring into you. And feel yourself become a golden sun's presence and see it expanding out into your energy fields.

Excellent, precious hearts, absolutely excellent. Now, what say you may be significant change in your energy, how you feel and your worlds and your world of manifest form as you not only create a habit where you take two or three minutes and with this deep concentration, do it as thus. Support the process by reminding yourself daily.

And you know, beloved ones, you do not have to have your eyes closed to talk to God. You can do these things while you are driving your vehicles. You can go into the remembrance. This is what I call doing the remembrance. And this is what Jesus meant when he said: In remembrance of me.

And so, our way of remembering... And this you can do anywhere. You can do it while you are out on errands and you can simply remind yourself: I in the midst of me is my God. I in the midst of me is my supply. I in the midst of me is the signing of that contract. I in the midst of me is the customers that I need. I in the midst of me is the health in my body.

And you can just go on and on. You can take the personal things that you are involved in and you can bring that into the application. And then, when you remind yourself of this for about two minutes, then you can just go into that place of just feeling it. So step one is remembering. Step two is just create the space. Let that remembering do its own work because you are tapping your power, so just take one or two moments and feel how that generates a difference inside of you. And three, just let go and get on with your day. God is on the job and so are you.

You can see there are about three main subjects of this Oasis of Love that's germinating if you will. So let's go back. We talked before about this interfacing and the success you're having between your mind and your feelings and the ability to no longer have your emotional body overcome you, that you are in that place where if you have a human moment, you can have a powerful thought, you can say: Wait a minute. What am I doing to myself? I choose peace. I choose to stay in my heart. I choose to stay centre here.

And we're suggesting as you use your mind and re-make those choices, that there is an equivalent feeling that comes up from your goddess, from your will, from your divine

female, the feminine aspect of you. As you make that conscious choice, as you use your mind constructively, in a moment you find that there are these feelings that match the choice. And you're seeing this. You're experiencing this more in your lives.

And so, human moment, remembering: }Ah yes... Coming back in. Making a choice for peace, making another choice for success, reminding yourself that there's nothing to fear. And then all of a sudden, those energies that match those choices begin to come up from your feeling body. The peace comes up. The feeling of success comes up. And what does that do? That relaxes you and pulls you out of that human moment you were moving towards.

As we have stated before, you have this wonderful relationship. We have the mental and the feeling body working better together than ever before. Now, the physical instrument.

We were attempting to talk in cosmic terms of patterns of light, languages of light, systems of light that are coming on to your planet for which you do not have words to describe. So we came back last week, we changed it and we said: Well, all I can say to you is you are being hit with a comet of love. And you are really being juiced up at this time.

So now this energy it's penetrating your physical forms. It finds you. It has an intelligence. St. Germain with Master Hilarion in the last seven years has visited other star systems. They have found what other civilizations have recognized and brought forward what worked in bringing along the physical instrument along more quickly. They observed these systems and they are bringing them to your planet now. And they are coming energetically and these systems of energies coming from other civilizations that have helped other beings in their evolution, well St. Germain is just bringing so many beautiful ones to you and they are all charged with a wonderful energy.

They go looking for you. You don't look for them. And when they find you, well. This is why we need you this year to pay so much attention to your physicality. Because when they find you, they'll calibrate, they'll assess, these energies will scan your system. They'll work with your god. They'll work with your goddess. They're all conniving to make you victorious, but in the process everything that is not love, and everything that is not light must come forward and must come up and that's why there are still some human things here, some human moments that are happening and it's all right. But it is to recognize what is coming forward. Now.

This energy is going to allow you to be more real and to access at a deeper level what is going on truthfully behind any core perception, especially the ones that are really in error, if these things can be compared. But in this world, it seems that everything can be compared.

Of course the body is the most magnificent thing. So underrated. And others have used the phrase that: 'your body is a temple' hoping to bring some idea of grace into what this instrument is capable of. Actually it is a cosmic wave pattern and even though we've told you it's dense, it's not dense at all. It's just that it's holding a lot of dense energies, but it's really a magnificent transparency of energy and really it's a cosmic mirror and when it's

working well and when it's working with the other three bodies, it can instantly respond, because it's energy and it is a cosmic mirror. It's your cosmic temple.

So with the wonderful interfacing, with the success we have in the other two bodies with the energy that 's coming on to the planet, with looking to the I within you for solution, by opening up to the inner essence, the cosmic lights of the Ascended Masters, by doing all of these things, you now are at a wonderful place in life. And that is where you can bring instantaneous change in the body.

You can release all pains. You can release blockages. You can release lumps, bumps, gestations, gurgling and all those other human things that are going on in the body, you can release them if you get to true, core perception of anything it is that is behind the manifestations in the body. Now that requires a greater level of truth. That requires an ability to know yourself, an ability to unmask more of the human layers, more layers of the human self and that is what all our intensive and our time with you in February is about, unmasking the self, unmasking, going to the layers so that we can get to the core perception that has created that lump in your body, that ache, that pain, that thing that has been thrown out of magical alchemical chemistry.

And so as each one remembers how to move in and how to establish the truth that's behind a thing and you remember it, you remember that truth. And then you see it and then you just talk to yourself about that.

So if you discover that some of this thing that is showing up on your body (50%, maybe even more, we'll look at this more closely), but 50% of what's showing up in your body is disconnect and abandonment. The rest is just a further division, but feeling disconnected, feeling abandoned. We're going to move in. We're going to work with these things and we're going to show you how you can pull these layers right out and release and watch as that lump disappears. Right there. Right in that moment, because you came to the core, the truth of what was underneath that manifestation in your body. And then you talk to yourself. Wait a minute. I'm not abandoned. I'm not disconnected. I'm connected to everything. How could I get away from everything, anything? Everything is around me. I am surrounded by energy. I got atomics. I got electrons bombarding me each and every moment. My feet are always on the ground. And if I decide to soar like an eagle, even when I fly, I'll be bombarded by electrons. I am always connected.

And when you talk, you will have this point of realization within yourself and then you will just: I can release this now and a big breath. The body corroborates. And all of a sudden, you've created a wonderful healing in your body.

So that's where we're going, and then to see, to understand, to comprehend the dynamics of your physical instrument, to really move forward. This is a year you must be so sensitive to the physical energies, for truly you have come to gain immortality in your physical instrument. And all of these things we shall continue to work with you each week, so that you may have the benefit of the proof of these things in your own lives.

Namaste, Precious Hearts.